



ZONTA

CLUB OF
GEELONG INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Zontalong

April 2016

Whats inside this issue

The Annual Awards Dinner

Sarah Kenworthy was awarded the Young Women in Public Affairs. The former Sacred Heart student was recognised for her volunteer work in Uganda.

Northern Bay College 2015 student Taylor Smith was awarded with the Sainsbury/Zandren scholarship award for overcoming adversity to complete VCE and receive a tertiary education offer. Living with the rare disease Arthrogryposis Multiplex Congenita, Ms Smith's physical limitations have not stopped her from participating fully in school life. Read more on the achievements of the awards winners.... page 2



The International Women's Day Art Exhibition



The event opening on Friday 4 March at Wintergardens was a huge success with 45 individuals entering a total of 61 pieces of work. The extravaganza auction of the 5 fabulously decorated tables raised a total of \$2550 continued page 3.....

Breastcare Cushions

Breastcare Cushions are a Zonta Club project. The Mathew Flinders Z Club students assembled breastcare cushions during one lunch time in March. More details on the breastcare cushions on page 6.



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Upcoming events

6 April	Club meeting
4 May	Annual General Meeting Special Guest speaker Patti Manolis, CEO Geelong Library.
18 June	Trivia Night with Steve Horman. Don't be disappointed book early.
August	Birthing Kit Assembly Day. All volunteers are most welcome as many hands make light work. Please register your interest by contacting the club on the email address below.
2 October	High Tea afternoon to raise awareness of Breast Cancer and support the production of the Breast Cushions. Further information to follow.
November	White Ribbon - Barwon Month of Action



Presidents Report

Our club has been very busy in March with two major events. The Annual Awards Night was a successful evening. We heard from two students who won the following awards YWPA (Young Women in Public Affairs) and Sainsbury/Zandren Scholarship.

Sarah Kenworthy was a worthy YWPA recipient who held us spellbound with her story about her work experience in Uganda working with the local midwife delivering babies in very difficult conditions. Sarah has gone on to Deakin University to study midwifery and we wish her all the best for the future. We wait to hear if she has been successful with her application for YWPA District 23 award.

Taylor Smith was the winner of the Sainsbury/Zandren Scholarship. This award is to be used to support a young student moving from Secondary to Tertiary study. We wish her all the best while studying the Associate Degree of Arts at Deakin University.

The Art Show celebrating International Women's Day with the theme CONVICTION-COMMITMENT-COURAGE was a great success. The number of artworks submitted and the strong standard of work was a pleasure to view and the auction was a well-received fundraising event.

These events do not happen unless members get together, and work very hard to ensure everything comes together. Team work is essential and the team leader Christine Denmead has to be commended for her leadership.

As we come to the end of the club's financial year we start to plan a new Board and Committee positions. These positions will be announced at the April meeting and I would like to thank all members who have put their hand up to take on a role during the next 12 months.

Robin Turner and I attended the Area 1 & 4 Combined Zonta District 23 meeting 19/20 March in Kyneton. The conference was well organised and well attended. Members heard from district board members who will be finishing their term of office in June. We also met the incoming Board and heard about the direction they would like to see the clubs go in the future. Zonta is in good hands. Thank you to the host Zonta club, Kyneton, and Margaret Lynch for a useful workshop.

Joy Herman
President



On the 19th February I was asked to talk to 40 medical students at Deakin University to discuss with them the history of birthing kits, how and where they are used, and the benefits of the kits.

Fundraiser : Entertainment Books

The 2016 -2017 Entertainment Book fundraiser is on again. Members, Friends and family are invited to support the club by purchasing a book. They are a great gift idea especially with Mother's Day just around the corner. If you would like to purchase an Entertainment book contact Maria Zaluski. \$11 from each book sold goes to the club.



The 2016 | 2017 Entertainment™ Memberships are available for pre-sale now!



Service and Advocacy

The International Women's Day Art Exhibition continued.....

This year's theme Conviction Commitment, Courage certainly resonated with the artists. After a year off we had a great response with exhibitors providing pieces of work of varying medium. Of the 45 individuals only 12 were past exhibitors.

The Jan Mitchell Memorial Art Award was presented to Lisa Wang for her entry "Conny & Co" with the first time entrant to this exhibition awarded to Justine Martin for her piece "more than is seen". The People's Choice Award was won by Maria Harrison for her work "Friends not Food".

The auction of the 5 fabulously decorated tables raised a total of \$2,550 which was a great outcome.

The committee and club would sincerely like to thank the artists for donating their time and expertise to decorate the tables.



The Annual Awards Dinner

As in years past the Annual Awards Dinner provided an inspirational evening for all attendees.

Guest speaker Teisha Rose gave us an insight into her battle with MS.

Two scholarship winners were presented with their cheques and certificates.

Sarah Kenworthy was the winner of the Young Women in Public Affairs award at club level and will now be put forward to the District for a District Award. Sarah gave a resonating presentation of her trip to Africa, the duties that were bestowed on her and the challenges she endured. Sarah also spoke of her efforts to raise funds to supply local villages with solar powered lights. These lights amongst other assistance to families aid young people to study after dark.

The Sainsbury-Zandred Scholarship was awarded to Taylor Swift who completed Year 12 in 2015 at Northern Bay Senior College. Taylor is an amazing young woman who has overcome significant health issues to successfully be accepted to Deakin University. Please see the attached article provide by Geelong Indy.

Chris Denmead
 Convenor
 S & A Committee



Christine Denmead and Joy Herman present Sarah Kenworthy (L) and Taylor Smith (R) with their awards.



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Let there be light: Teens win scholarship and international award

10 March 2016 12:01 PM .

By ALANA MITCHELSON

A Belmont teenager has been honoured with an international award for her volunteer work in Uganda.

Former Sacred Heart student Sarah Kenworthy was awarded the Young Women in Public Affairs honour at the annual Zonta Club of Geelong's awards ceremony, recognising her community work, leadership achievements and dedication to advancing the status of women in both Australia and worldwide.

Last year the 19-year-old volunteered at a health centre in Manny, Uganda, where she worked as a midwife and helped deliver three babies into the world. Becoming aware that young girls were often married off as young as 12 and had limited work opportunities, she launched the Light Up Manny charity campaign. "The intention was to provide students with solar lights, enabling the pupils to study into the evening helping them to achieve higher marks and overcome poverty through future employment opportunities," Ms Kenworthy said. "With the help of the community we have more than \$18,000 to go towards solar lights, all the money fund-raised goes to purchasing solar lights."

Ms Kenworthy's achievement has placed her in the running for becoming district winner and, if successful, could be nominated for one of 10 international awards.

Former Northern Bay College student Taylor Smith was honoured with the Sainsbury/Zandren scholarship award for overcoming adversity to complete VCE and receive a tertiary education offer.

Living with a rare disease called Arthrogyrosis Multiplex Congenita, Ms Smith's mobility of her upper and lower limbs is restricted. But her physical limitations have not stopped her from participating fully in school life and was nominated by her school principal, Ken Massari, for the local scholarship award. "Taylor is a positive role model to her peers on many counts," Mr Massari said. "Her determination often exceeds that of students who do not experience the challenges posed by her health. "She makes every step that she takes a positive one and this award is a chance for her to realise that others see quality in what she does."

Ms Smith has begun studying an Associate Degree of Arts this week and plans to transfer to a Bachelor of Social Work.

Birthing Kit Foundation Australia - March 2016 Newsletter

Janeth from Tanzania, delivered her son, Joshua, with the use of a Birthing Kit. On 26 December 2015, Janeth was taken to hospital having gone into labour nearly two months before her due date. The midwives asked if she had a birthing kit. She did. It had been given to her by Hurumia Watoto, a small organisation in Northern Tanzania dedicated to improving the health of women and girls. This group had distributed kits provided by Birthing Kit Foundation (Australia). With the help of the Birthing Kit, Janeth delivered a healthy baby boy.

"At first I feared that the kit would not be enough and I asked for two on the day of distribution. But one kit was enough and I kept one which I plan to give to my friend who is pregnant. Many women need your help here in Tanzania because many cannot afford to buy the list of materials hospitals suggest – and this leads to many women having unsafe deliveries". Janeth

Hurumia Watoto, based in Northern Tanzania are a partner of Birthing Kit Foundation (Australia). If you would like to support our work, please make a donation [here](#).

Just \$3 pays for one Birthing Kit. Just \$3 can help a baby like Joshua arrive safely into this world.



Baby Joshua holds a Birthing Kit

In late February, BKF were pleased to welcome SBS to film an Assembly Day held by the Zonta Club of Adelaide Hills to meet and interview board directors and volunteers – the result of which was a fabulous news story which you can see [here](#) and a surge of interest in supporting our work.



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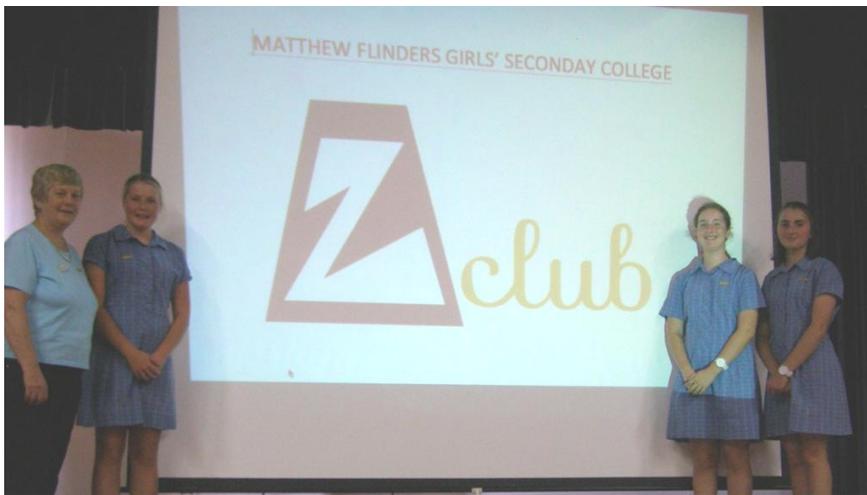
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At our March whole school assembly the Middle School Captains, Rachel Kaiser, Kacey Dridan and Harper Dawson launched the Matthew Flinders Girls' Secondary College 2016 Z Club. They welcomed Joy Herman, President of Zonta Club of Geelong, to the assembly who then presented the girls with their Z Club badges.

The Z Club is a Junior Service Club sponsored by Zonta Club of Geelong. Z Clubs are established in Secondary schools across 15 countries and each Z Club is sponsored by a local Zonta Club. The first Z Club was established in 1948 and currently approximately 200 clubs operate in Australia.



President of Zonta International Geelong, Joy Herman and Middle School Captains, Rachel Kaiser, Kacey Dridan and Harper Dawson

The Z Club develops girls' understanding of world issues on many levels in addition to developing their individual personal skills. The Z Club focus' on local issues impacting the immediate community and aim to raise awareness of global challenges. Through this Service the girls also develop leadership skills and learn how to be a valuable team member.

The local Z Club first started at Matthew Flinders Girls Secondary College in 1993. The Z Club is part of the Middle Year School Captains' responsibility within the school. The members meet at least twice per term to identify and plan projects. The Z Club must complete a minimum of 20 hours community service annually.

In the past projects have included making welcome boxes for the refugee community, making breast cushions for local hospitals and offering a helping hand at Zonta Club events. At an international level the Z Club has promoted and assisted with the Birthing Kit Assembly Day.

Notes to members:

Membership fees are due. If you have any concerns contact Robin Turner.

SalvoConnect Women's Service

The Zonta Club of Geelong has a longstanding affiliation with SalvoConnect Women's Services. We collect donations at our monthly club meetings and forward these to SalvoConnect.

Donations of the following items would be appreciated:

- Shampoo and Conditioner,**
- Toothpaste,**
- Spray deodorants,**
- Tampons,**
- Baby bottles with NUK Teats**



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Breastcare cushions

Sewers needed

Zonta Breast Care Cushions are provided as a community service for women and men who have undergone surgery as a result of breast cancer.

The cushion is used for support while sleeping, protection while shopping, or pressure from a seatbelt and for general comfort.

They are made by members and friends of Zonta for distribution at our local hospitals. We are seeking volunteers that can offer a few hours and a sewing machine to construct much needed Breast Care cushions. If you can sew and would like to assist contact

Cheryl Gibbons.



April Birthdays

Anna Milner
Raema Ash



ZONTA INTERNATIONAL - THANK YOU!

Since 1923, Zonta International has provided more than US\$27 million to empower women and expand their access to education, health care, economic opportunities and safe living conditions. Through the power of our global membership and donations to the Zonta International Foundation, Zonta improves women's lives, their children's lives and the communities in which they live and work. Thank you for joining Zonta in making gender equality a reality for women and girls worldwide.

Download a copy of the 2014-2015 Annual Report at
foundation.zonta.org/annualreport